

Havelock North High School Newsletter

Issue 2 - March, 2010

Aim to excel Whaia te iti kahurangi

FROM THE PRINCIPAL

Dear Parents and Caregivers,

As the summer sports codes come to an end, I want to pass on a huge thank you to those staff and parents who invested so much of their own time coaching, managing, transporting, or just supporting our teams. We are really proud of our sporting successes and know that, irrespective of the abilities of our pupils, sporting successes are entirely down to the coaches, who make the team's existence possible.

As the winter season approaches, it is time to remind parents about appropriate sideline behaviour. I think all schools expect coaches to instil into their teams respect for their opposition and for the referees but, generally, the real problem in this regard is on the sideline.

Refereeing and coaching are difficult enough but those roles can be made to be impossible by inappropriate comments and expectations from the sideline, often made by parents who have neither coached nor refereed and have little real understanding of the situation. I am not just talking about the out-of-control parents shouting abuse or ridicule. With our parents, those kinds of incidents are almost non-existent. Many of us however, subvert the referee's authority or the coach's role with comments or requests which are out of order. For example:

- telling coaches to make tactical or player changes during the game
- lobbying for more playing time for their own children
- asking coaches to "be fair" and play their child in their favoured position where the coach has selected someone else in that role. That places your child's needs above those of the team
- blaming defeats on poor umpiring or proclaiming referees' decisions to be "a joke"
- being overtly critical of the performance of players during the game

It is only natural to want the best for our children but rhythms of winning and losing, cycles of good and bad luck and coping with disappointment in sport, all provide the opportunity for children to learn about resilience and tenacity. They won't learn those most important lessons about sport if you make excuses for their poor play or their defeats.

The reasons we get so wrapped up in our children's sport are often around the hope our children's performance will compensate for our own sporting shortcomings, our belief that our children's performance on the field signals our success or failure as parents, our status concerns and our competitive instincts with other parents. Therefore the unhelpful, even destructive, comments from the sideline are more about our needs as parents than about support of the team or love of the game. Children's sport can transport us back to old childhood battles – struggles with shyness or bullying, peer rivalries, difficulties with authority and perceived experiences of unfairness and mistreatment.

We need to remind ourselves that we are watching children playing a game and keep that perspective and not let the games we parents play on the sidelines become the main event.

Acknowledgement: "The Morally Mature Sports Parent – Why parents act like idiots at their children's sporting events" by Richard Weissbourd, Harvard School of Education.

W. K. Adams (Principal)

KEY DATES

MARCH

- 30 March – Year 11 Parent Consultation Evening

APRIL

- 2 April – Last day of Term 1
- 19 April – First day of Term 2
- 22 April – Year 12 Parent Consultation Evening
- 28 April – Year 13 Parent Consultation Evening

MAY

- 26 May – Senior Examinations begin.



WORKING BEE

Following on from the huge success of the 2008 and 2009 working bees, the Havelock North High School Council will be running the 2010 working bee on **Sunday, May 16th** (rain day Sunday, May 23rd).

The working bee will start at 10.00am and run through until 3.00pm but any time that you can offer will be greatly appreciated. The students will run a barbecue providing food and refreshments to fuel the workers throughout the day.

The members of the School Council are busy consulting our grounds staff to create a list of jobs that could be completed on the day. Painting, cleaning and garden maintenance are all likely to be included on the list.

Please email the main office on office@hnhs.school.nz if you are willing to come along and lend a hand to the school. Please also include any experience you have with grounds work (i.e. painting, gardening etc) and any tools you could bring with you (i.e. spade, ladder, paint brush/roller).

This newsletter is proudly supported by



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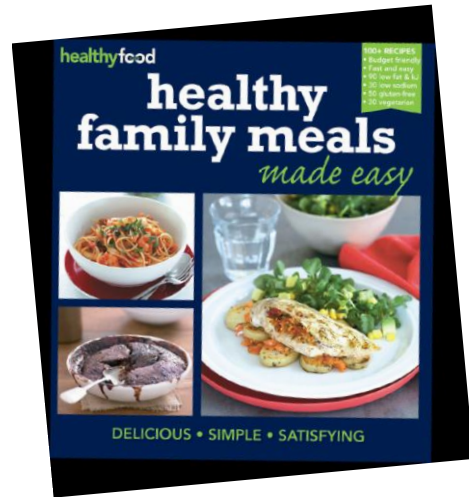
HNHS trip to Japan

Over the coming months the parents/caregivers and students involved in the HNHS trip to Japan in April 2011 will be undertaking a number of fundraising ventures. The first of these involves supporting healthy family meals in an affordable cookbook. The price for the cookbook is just \$24.90, which includes a \$5 donation to the school, postage and handling.

Simply purchase a copy online at www.healthyfood.co.nz or call 0800 3600582, nominate Havelock North High School, and \$5 from every purchase will be donated to the school's trip to Japan next year.



- ✓ Low-cost ingredients
- ✓ Fast and simple dishes
- ✓ A photo for every recipe
- ✓ Delicious food the whole family will enjoy
- ✓ Quality 128-page book



Please note this offer is only available until April 9th so get in quickly to support our students.

Hall of Fame inductee backs HNHS business students

2010 sees an increase in the amount of capital available for HNHS business students starting their own companies.

Thanks to Michael Whittaker (HNHS Business Hall of Fame Inductee and the CEO of The Atlantis Group), Year 12 and 13 students studying business at HNHS now have access to loan funds of \$10,000 to start their companies.

The student businesses submit a business plan describing their product or service and then "pitch" the idea (rather like a very friendly Dragons Den). If they are successful, Michael hands the money over and receives updates throughout the year. The loan is then paid back at the end of term three.

Previous recipients have been AMP'D Enterprises, who put on a successful dance party at Pettigrew Green Arena in 2008. In 2009 "The Support Crew" received the loan to purchase their first batch of lucky magpie socks.

Michael came up with the idea of the loan after talking to previous students who felt that raising capital took proportionally too much time out of the already short time frame.

The 2010 companies (six of them) are currently carrying out market research and fine tuning their pitches. Watch this space to find out who gets the loan!!!!

PTA Second Hand Uniform Shop

Open Wednesday 1:30 - 2:25
Friday 1:30 - 2:25

A pay-out was made at the end of February to the owners of the uniforms that have sold. It is great to see so many families availing themselves of this service.

If you have uniforms you would like to sell please leave them at the front office with your name, phone number and postal address.

An alternative to being paid out by cheque in the mail is to have your child's school account credited with the amount. Please indicate how you wish to be paid when you drop the uniforms off.

All uniforms MUST be left in a clean and tidy condition.

The PTA takes 25% commission.

Please note we are no longer accepting aertex shirts to sell.

If you have any queries regarding the uniform shop please phone:
Amanda Milne, Uniform Shop co-ordinator (Hm) 877-955



AN EVENING WITH NIGEL LATTA

"Revenge of the Teens"

in association with the
Hawke's Bay Opera House

Fresh from his popular TV series, Nigel Latta will be entertaining Hawke's Bay with his hugely entertaining one-man show "Revenge of the Teens".

With his utterly unique blend of off-the-wall humour and battlefield wisdom he takes the audience on a twisty tummy adventure that is raising a teenager.

Based on his best selling book, "Before your teenagers Drive you Crazy, Read This".

The audience will be regaled with stories including the wonders of stropky teenagers and the mysteries of the teenage brain.

Warning: Some Language may offend.


WEDNESDAY 28th APRIL, FROM 7pm

HAWKE'S BAY OPERA HOUSE, HASTINGS

**TICKETS \$28 SINGLE, \$50 DOUBLE
AVAILABLE FROM TICKET DIRECT
www.ticketdirect.co.nz or 0800 4 TICKET**

NB: Service fees apply

Thanks to our valued Sponsors



We are the champions!



2010 swimming champions are (top, from left) Lutz Hirsekorn (SB), Jessica Mackintosh (IG), Naomi Smit (JG); (front, from left) James Cruickshank (IB), Mike Garrity (JB) and Katherine Penny (SG)



Athletics champions 2010 are (rear) Rebecca Treacher (SG), Christoph Cooper (IB) and Matt Keong (who shared the SB championship with Zack Johnson); (front) Jessica Gates (IG), Holly Macdonald (JG) and Marcus Yule (JB)

Guidance Information

Training opportunities: for those working with or living with a person with Autism or Aspergers

SPELL Programme (free two-day training course for parents, carers). Contact 0800 Autism (0800288476) Hawkes' Bay March 30 and March 31.

HELP Programme (free 6 session training course for parents and carers) Hawke's Bay Monday evenings April 26-May 31.

Dr Tony Attwood Friday 30 April 2010 Palmerston North – he is the world's number one presenter on autism spectrum disorders

Dr Wendy Lawson October 2010 – an adult with autism and a well known speaker on autism – locations for her seminars are not yet finalised. Please email jo@creatingsuccess.co.nz to register interest

After-School Social Group for Young adults with Asperger Syndrome – held Fairhaven school, Taradale. For further details phone Gaye Evans-Love (Counsellor) at Havelock North High School phone 8778129 ext 726



Has useful information and advice for young people and their parents to help with cyber security and issues such as cyber bullying.

See <http://www.cyberbullying.org.nz/parents/>

Footwear

Students wearing the uniform correctly reflect a pride in their school community. While some of the details of uniform code may appear pedantic, we are committed to maintaining high standards of dress. At this time of the year many families are looking to buy winter footwear and we would like to be clear in our expectations of their design.

We do not specify the exact make of school shoe to allow students and parents to have some freedom of choice, however the wording of 'black leather lace-up school shoe' in the uniform code is strictly enforced. This means students are not permitted to wear slip-on or skate shoes. The picture below shows a particular style of skate shoe that students are not permitted to wear.



Teachers and the management team spend an inordinate amount of time addressing incorrect footwear and we ask for the cooperation of the whole school community in ensuring that students are dressed correctly every day.

Careers Centre News

Incubator Careers in Health

Twenty-five Year 12 and 13 students have been selected to take part in the 2010 Incubator programme. Incubator is a [Hawke's Bay District Health Board](#) career and health mentoring initiative. For those year 12 students who missed out this year, you will be top of the list for 2011. Watch this space for some updates and photo's.

Future Pathways 2010

Some of our Future Pathway students in individual programmes or the Gateway class have started, or are about to start, workplace training at their industry workplaces. Ms Roderick, our Workplace Coordinator, has done a wonderful job securing approximately 40 workplaces for this year's students. **We are very grateful to all businesses involved for their support of our students.** Besides the 40 students in industry work placements, we also have 13 students with Agriculture NZ and Bay Agriculture doing block agriculture courses and there will be many students doing short courses during the school year and holidays.

There are some interesting new areas this year.

Here are just a few:

- **Travis Welsh**, a Year 13 student, has a future career plan to be a Harbour Pilot and is working at the Port of Napier each Friday. Travis has already gained his VHF Radio Certificate this term and is working on his Day Skipper's and Boatmaster's Certificate during his Future Pathways line.
- **Natasha Goodall**, a year 12 student, has a future career plan to work in the furniture-making industry. Natasha will be doing her course at school via FITEC, the industry training organisation for forestry, wood manufacturing and furniture. Hawke's Bay Furniture in Havelock North are supporting Natasha with a work placement one day a week in their workshop, which will enable Natasha to complete the practical assessments which are part of her course

It is great to see local business, industry training providers and Havelock North High School work together to create career pathways for students.

- **Introduction to Machine Shearing course.** This month, three agriculture students completed a three-day introduction to the Machine Shearing course. All students came to the course with little or no skills in this area but were able to do a full day's shearing by day 3 – the sheep had no missing limbs and looked pretty clean by the end of the day. The students however, could feel every limb and couldn't wait to see the shower!

R-Michael Beattie



L-Tahi Dalton and Chevy Nuku

Careers Advice at HNHS

Mr Taylor, the Careers Adviser, is available during school hours to discuss issues with students. They will need to make an appointment to see him. He is also available outside school hours, by appointment, should parents or caregivers wish to discuss a student's future plans.

Phone: School: 06 877 8129 ext 732

Home: 06 877 6219

House Leaders 2010



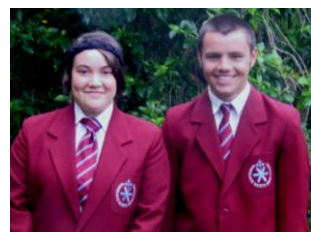
Kauri House Leaders
Elise Yule & Connor Bond



Miro House Leaders
Sam Joe & Jaime Goodwin



Rata House Leaders
Emma Donovan & Tyron Jonker



Tainui House Leaders
Olivia Walding & Sean Ritchie

Board of Trustees Student Representative



Greta Williams

Young Leaders' Day by Ashlea Muston

Monday the 15th proved to be a better than expected day for the school leaders. Mr Wilton, Tyron Jonker, Jaime Goodwin, Samuel Joe, Olivia Walding-Karaitiana, Sean Ritchie, Elise Yule, Connor Bond, Greta Williams, Matt Keong and I were given the opportunity to attend the National Young Leaders Day in Palmerston North. The NYLD has been an event directed by the Halogen Foundation for the last ten years. Our school was acknowledged to be one of the few who has attended every year. The NYLD has grown over that time and is now split up into six locations around the country, catering for 10 000+ young people. This year there were five excellent speakers who left us feeling well equipped and motivated as leaders - a very successful day.

The six speakers were:

Allison Mooney, an international speaker and author spoke to us first about personality types and how to identify them. She explained how leaders can use this information to help them work with individuals. She was very humorous in the way she described the four types of leaders and provided examples that everyone could identify with. Allison has won numerous public speaking awards.

Pat Buckley is an ex-heroin addict and now works as a life skills educator and motivational speaker. His message was about exposure to drugs, crime and alcohol and how everyone, even leaders in high places are still susceptible to these things and need to watch out. He presented a very moving, graphic speech about his past and the experiences he has had and left everyone feeling very vulnerable.

Jehan Casinader, my favourite speaker of the day is a journalist and commentator just three years out of high school and is now based in Wellington. He spoke in opposition to most speakers about leadership, saying that our generation is unique and has a load to carry that is modern and different than the one our parent's generation had to take on. He claimed that we need to be finding our own paths and doing things a little different than what society expects us to do in order to be successful. He used his own career as an example. A very energetic and motivated young man.

Nathan King from the band Zed was interviewed by our hosts Matt Gibb and Dayna Vawdrey from studio2. He talked to them about balance in his life and how a demanding career can have effect on your personal life. The way he spoke about his experiences in the industry sparked the realization that your attitude and the way you treat others should not be compromised just because you are successful; and that being good and well-mannered does not go unnoticed.

Lastly we heard from Rob Harley, a TV documentary maker and journalist who has spent more than twenty five years in news, media and communications but now focuses on creative community outreach. Rob's presentation was an extremely humbling end to the day.

Student Committees

Cultural

Jake Caulton
Georgia Palmer
Karalee Te Riini
Rory Aroa
Jasmine Webster
Simon Fox
James Goldenthal
Vicky Struthers
James McDonald-Neely
Charlotte Hawtin
Monica Cheng
Henry Siwanzi

School Services

Ashlea Muston
Amy Stevens
Greta Williams
Amy Smith
Annalise Page
Charlene Cooper
Charlotte Coombs
Callum Yule
Nicole Jones
Francois Viljoen
Maddy Horne
Nicole Berry
Emma Wake
Jason Le Comte
Stephanie Ching
Tyron Jonker
Ian Rice
Cameron Ransfield
Tom Scott
Olivia Walding-Karaitiana

Sports

Elyse Yule
Tinesha Carey
Rebecca Treacher
Jaime Goodwin
Kate Gray
Nicole Jones
Emma Donovan
Sam Stewart
Kelly Cooper
Troy Gullery
Matt Keong

Community Services

Kerri Patchett
Sasha Soupen
Hannah Brodie
Izzy Fulford
Jessi Hannah
Brooke Walker-Allen
Lucy Moore
Tori McKeesick
Lara East
Rourke Mason
Sam McFadyen
Monique Baker
Samantha Crook
Brendan Sambrook

Maori Leadership - Taiohi Tu

Emerald Neho
Jade Neho
Cameron Ransfield
Olivia Walding-Karaitiana
Richard Blumenthal
Kate Gray
William Hocquard
Rayner Karauria
Te Hata Karauria
Mana Lawrence
Toru Moa
Karalee Te Riini
Jordan Te Whaiti
Grayson Tomlins

Academic

Elzine Braasch
Tim Caldwell
Saskia Boogaard
George Stewart
Ben McPherson
Jared Linnell
Leo Browning
Lorna Clark
Rory McDonald
Kayla Waldin
Josh Barclay

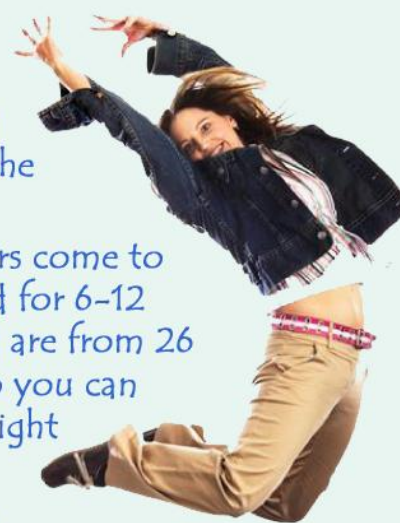
Host a Student!

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experience the
world!

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months, and are from 26
countries, so you can
choose the right
student for
your family.

If you can offer meals, a bed, and a
loving home, call today to
experience the joys of hosting!

0800 44 55 11





The Cultural Scene

From the Drama Department

Another hectic start to the year. Classes are well under way and the Year 10 drama class are currently enjoying their film making course using the new cameras and computers.

This year we have two entries in the Sheilah Winn Shakespeare Festival, both five-minute, student-directed scenes. The directors are Lorna Clark and Vicki Struthers.

Junior after-school drama sessions have started on Wednesdays from 3.30 – 4.30 p.m. These are well attended and newcomers are always welcome.

Every second year our senior classes are given the opportunity to travel overseas to view shows and experience theatrical culture elsewhere. In the past this has been to Sydney, but for 2011 we are considering New York – “a week on Broadway”. **There will be a meeting for interested parents of current year 11 and 12 students at 7.00 p.m. on Wednesday, 31st March, in the drama room.**

We welcome Sally Richards back again this year to assist the drama department. Sally has had considerable experience teaching drama, both here and overseas, and is currently completing her Ph.D. in directing. We are very lucky to have her.

Finally, and looking ahead, we are currently considering options for next year's major school production. A considerable amount of planning and preparation must go into this before we audition later this year. Watch this space.....

Tim Walton, Head of Drama

Music Matters

Entries for several music competitions close shortly, including the Big Sing, Chamber Music Contest and Rockquest. Groups entering these events will be stepping up the intensity of their practices and it is vital that all group members are present and focused at every rehearsal. For these and all our music groups, real progress will occur if students are taking time to practise their music between rehearsals, focusing on the difficult bits and asking for help where needed. It can seem like a chore, but working on technique helps us sound more confident and in tune, while at the same time it enables us to play more demanding and enjoyable music. I find that students' enjoyment of what they are doing is directly related to how much practice they do at home in between lessons and rehearsals. Who wants to make little or no progress week after week? No-one. Practice is the key.

With a shortage of other inspirational things to say myself this month, I thought I would quote a musical genius:



ALBERT EINSTEIN:
If I were not a physicist, I would probably be a musician. I often think in music. I live my daydreams in music. I see my life in terms of music.

S. Lange, Head of Music



Art students out and about

On February 22nd, a beautiful and sunny Hawke's Bay day, the Year 11 visual arts students embarked on a cultural journey through the Hastings CBD and the Hawke's Bay Museum.

Onlookers were delighted by the talent displayed by the students as they drew the local sculptures in town and of Pania of the Reef.

The students were humbled in the presence of the traditional Maori whakairo carvings and artifacts at the Hawke's Bay Museum, and produced some beautiful and sensitive drawings that will go towards their first internal achievement standard.

Drawing on location from our local environment is a challenging and rewarding experience for our young artists.

Hawke's Bay Secondary Schools' Kapa Haka Festival

Hawke's Bay Opera House Theatre, Hastings
Wednesday 31 March, 2010
Starts 8.30 am / Ends 4.30 pm

Nau mai haere mai
one and all to the Hawke's Bay Secondary Schools' Kapa Haka Festival.

Come and be thrilled and entertained by the best kapa haka performers at secondary level.

All tickets \$10 from TicketDirect – 0800 4 Ticket

(Please note: Children must be booked a seat as well; no children on laps due to fire/safety reasons. Infants that can be held are OK, but all other children must have a booked seat.)

Te Roopu Kapa o Maungawharau have been working hard to produce a confident and polished performance for the Ngati Kahungunu Secondary Schools' Kapa Haka Festival. Thank you to Whaea Liz Wilson, the tutor, and all students and staff who have worked so hard in term one with the programme and costumes. Toru Moa and Karalee Te Riini are the year 13 student leaders.



Sports News

Sports News



National Digest

Six of our pupils have recently made national teams or won national titles. Congratulations to all of them. While each one is worth an article of his or her own, all that space permits is to list them here —

NIKKI POWELL won the 18-19 grade at the New Zealand age group triathlon championships

GEORGE LAMBERT won the national junior tenpin bowling doubles title in Rotorua with Callum Rule from Counties

JAIME GOODWIN is one of six women selected in the New Zealand team to go to the Junior World Orienteering Championships in Denmark in July

NAOMI SMIT won three national titles at the New Zealand age group swimming championships in Christchurch. Naomi's gold medals came in the 50m backstroke, the 100m backstroke and the 50m freestyle in the 13 years grade. Naomi also won bronze in 200m backstroke.

Kayakers KAYLA AUSTIN and MITCH GRAHAM won gold medals at the Canoe Racing New Zealand sprint nationals. Kayla's in under 17 women's grade and Mitch's in under 19 men's grade. Kayla won the K2 500m, K2 200m, both with Amy Fisher from Karamu High School, the K4 500m and K4 200m. She placed fourth in both the K1 500m and 200m. Mitch won his national titles in K2 200m with Tim Galland from Lindisfarne College, and he won K1 200m. Mitch placed fourth in K1 and K4 1000m.

Appeal for football coaches

If you would like to coach one of the school's girls' football teams (previously known as soccer) then please contact either the Sports Co-ordinator Steve Armon or the teacher in charge of girls' football, Leah White at the school.

The Sporting Week

Parents can receive the Havelock North High weekly sport newsletter *The Sporting Week* by email. This is sent as a one-page PDF document. Its brief is to celebrate the success of our players . . . and it is not difficult to find enough content. To be put on the email group, please email the editor at armon@slingshot.co.nz

Thanks parents

The Tawa Exchange, which was to have been held on Sunday 7 and Monday 8 March was cancelled after checking the weather forecast on the Friday morning. There was no other date that suited both schools to re-schedule, so sadly the summer exchange with Tawa College will not be held in 2010. Pupils' accounts have been credited with the fees paid for the afternoon tea. We apologise to parents who were inconvenienced, after having offered to take billets, to have them not come. We are really grateful to all those parents who were going to billet our guests

Hockey 2010 – help with coaching

We are still looking for parent/s or friends to coach our Second Eleven Hockey teams this season.

The girls play on Monday evening and the boys play on Tuesday evening. All games are at Park Island on the turf. Practice times can be arranged to suit on our own turf here at school.

Please call Peter Mathieson, teacher in charge of hockey, at school phone 8778 129 or email office@hnhs.school.nz.

Thank you in anticipation.

Havelock girls take Hawke's Bay Poverty Bay title

HNHS Girls' A won this year's Hawke's Bay Poverty Bay volleyball title when they beat arch-rivals Hastings Girls' 3-0 in the best-of-five final, 25-17 25-17 25-17, at Centennial Stadium on 26 and 27 February.

Havelock wins Triple Peaks school challenge

Kate Mackintosh, Brad Sullivan and Bridget Dick won the school challenge section of the annual Triple Peaks race on Saturday 13 March.

The all year nine Havelock High team of Jonathan Willis, Crystal Walsh, Dominic Coe, Tom Hosford, Michael Parsons and Sean Gates won the 4-6 person mixed grade in 5:08:08 to likewise score medals and a voucher.

Four records at swimming sports

Junior girls' swimming champion for 2010 Naomi Smit set two of the four new records. Her 20.7 for the 33m butterfly beat the previous record of 21.3 held by Jessica Mackintosh, and Naomi's 1:11.9 for the 100m backstroke took a massive 3.8s off Mindy Poynter's previous record set in 1999.

Like Naomi, intermediate boys' champion James Cruickshank won all his events, including the 33m butterfly in a record 21.4s.

The other record was set by senior girls' champion Katherine Penny who swam 20.5s to win the 33m butterfly, beating Emma Barry's 22.1s.

Although edged out by Matt Keong in the 33m butterfly, Lutz Hirsekorn won all his other events to take the senior boys' championship.

Mike Garrity made a clean sweep of the junior boys' grade while last year's junior champion, Jessica Mackintosh, won all her races this year in the intermediate grade.

Rata House won with 1101 points.

Record-breaking day at HNHS athletic sports

Five new championship records provided the highlights at the Havelock North High athletics on Tuesday 2 March.

Laila Franklin obliterated Brittany Aberahama's junior girls' high jump record of 1.39m when she cleared at 1.47m.

The junior girls' javelin was the class contest of the day as all three placegetters threw well past the North Island standard of 19.5m. Third placed Neesha Johnson recorded 21.60m, while both Ella Richardson and winner Holly Macdonald broke the old record of 23.95m, Holly recording 24.19m for a new record. Ella threw even further in an unofficial practice throw. The old record belonged to Judy Tuara who went on to win the senior girls' javelin at the New Zealand secondary school champs.

Lucy Penrice knew she could beat the senior girls' javelin record and did so emphatically, throwing 35.27m, beating Kolisi Timoteo's mark by almost five metres.

In the senior boys' grade, Matthew Keong set new figures in the shot put with 13.58m, taking Joseph Jensen off the record books, while in the high jump Zack Johnson cleared 1.80m — a major improvement over Blair Rowlands' 1.73m.

Junior boys' champion Marcus Yule showed unusual versatility in winning the 800m, 1500m and javelin. Marcus's 32.70m javelin throw was less than a metre off Andrew McKnight's record.

Havelock athletes win nine titles at East Coast champs

After the East Coast North Island athletics championships were held at Hastings Regional Sports Park on Wednesday 10 March, the organisers produced a medal table, Olympics-style.

At the top with 36 'medals' was Havelock North High School, followed by Lindisfarne (29), Iona (28) Napier Boys' (27), Napier Girls' (20) and St John's (16).

Havelock North athletes had a great day, winning nine titles.

The best event for the school was the junior girls' javelin in which Ella Richardson finished first (24.94m). Holly Macdonald second (24.25m) and Neesha Johnson third (20.83m). Ella's throw was a new school record.

Havelock's Emily Gallagher (8.83m) and Jessica Ford (8.51m) placed first and second in junior girls' triple jump.

Zack Johnson won senior high jump (1.73m) with Eric Jackson third.

Other double successes came in intermediate 800m for James Cruickshank (2nd) and Luke Sorensen (3rd), and senior high jump for Daniella Krauss (2nd) and Rebecca Treacher (3rd).

Holly Macdonald won junior discus with a 22.10m throw.

School record-breaker Laila Franklin won the high jump on a countback with a 1.43m clearance.

Georgia Morgan jumped 8.90m to win triple jump by a centimetre.

Lucy Penrice reproduced the standard of her school record throw when she won the javelin with 35.20m in beating arch rival Laura Jensen from Napier Girls'.

Eric Jackson hung on bravely to win the senior 400m in 55.02. Eskavan McCartney won AWDID discus with a 13.63m throw.

Achievements

PAIGE JAMES and CATHERINE SAMBROOK won the Hawke's Bay secondary school junior beach volleyball title

ROBBIE LOVE was the second pupil to finish in the Hastings Weet-Bix Individual Tryathlon

JAIME GOODWIN won the junior girls' (under 18) 13k course title at the Kaweka Challenge

ASHLEIGH WHITE has been selected in the senior Hawke's Bay mounted games team for the North Island Mounted Games

LIAM REEVES, MARK STRUTHERS and JOSH CHAMBERLIN will compete in the Hawke's Bay team selected for the national secondary school golf croquet championships in Wellington

Threeppeat for canoe polo boys at Hawke's Bay champs

The senior open A team continued on their winning way by coming first at the Central East Canoe Polo Regionals, an event which doubles as the Hawke's Bay secondary schools champs. It also acts as a qualifying tournament for the NZ Schools Championships which will be held in Wellington on 26 to 28 March.

Havelock North High entered two boys' teams in the senior open grade for the second time with the B team, Outdoor Megastore HNHS, finishing fourth and qualifying to go to Wellington. They finished in the top four teams and lost the 3rd/4th place playoff to Taradale High School's A team 4-3. They will represent HNHS and Hawke's Bay in Senior Open Division 2 and have a very good chance of bringing home a medal. This team comprises: Jordan Hinton (captain), Frankie Faessen, Kamen Lockwood, Luke McElwee, Juan Ocampo, Brad Sullivan and Travis Welsh.

Our A team, Kinetic Electrical HNHS, cruised through pool play dispatching Hastings BHS, Napier BHS, Karamu HS B and Taradale HS to finish top of the pool. The semi-final was a clash of the two HNHS teams with the A team winning 8-1.

In the final they came up against a fired-up Karamu HS A, who had beaten Taradale HS 5-3 in the cross-over game to make the final. The score was tied 2-all at half-time before the HNHS boys really showed the capacity crowd their skill level, to dominate the second half and win the gold medal 5-2. Captain Mitch Graham scored three goals and David Bowley two. In the final Sam Warren, Matt Keong, Max Whitaker-Mills and James Counts contributed well with superb team work.

M. Fitzsimons, Deputy Principal
Editor